**PARENT PROTOCOL**

**Warm Up**

1. Tell me about your family. How many children do you have?
2. Who lives in your home with you?

**Family Time/Meal Time**

1. Tell me about how your family spends a typical week day at home from morning to evening.
2. Tell me about how your family spends a typical weekend at home?
3. Are there times during the week or weekend that you and your family tend to spend time at home together?
4. We’ll call these times family time. Can you tell me more about your family time?
5. Do you look forward to family time?
6. How much do you value family time?
7. When you’re at home on a typical day, what is that the time that you look forward to most?
8. When you’re at home on a typical day, what is the time that you value the most?
9. What is the highest quality time you typically spend with your children? Lowest quality?
10. What are all of the ways you communicate with your children?
11. What forms of communication with your family do you prefer?

**Norms**

1. IF FAMILY TIME
	1. How appropriate do you think it is for you to use your phone during family time?
	2. How appropriate do you think it is for your children to use their phones during family time?
2. How appropriate do you think it is for your children to check their phone while having a conversation with you?
	1. How does it make you feel when they check their phone while talking to you?
3. How appropriate do you think it is for you to check your phone while having a conversation with your children?
	1. How do you feel about yourself when you are checking your phone while you are talking with your children?
4. IF FAMILY MEAL TIME
	1. How appropriate is it for you to have your phone at the dinner table with your family?
	2. When you have your phone at the dinner table, where is it? (In pocket, on table, etc.)
	3. How appropriate is it for your children to have their phones at the dinner table?
	4. How appropriate is it for you to check your phone during dinner with your family? How often do you check it?
	5. How appropriate is it for your children to check their phones during dinner? How often do they check it?

**Family Relationships**

1. Tell me about your relationship with your children.
	1. Is your relationship with your children a good relationship?
	2. Is your relationship with your children a happy relationship?
2. Is it easy for you to talk to your children?
	1. Do you feel like you and your children can talk openly?
3. Do you ever wish your children paid more attention to you?
	1. If they don’t pay attention to you, what are they doing instead?
4. Do you ever wish you paid more attention to your children?
	1. Do you think you should pay more attention to your children?
	2. If you aren’t paying attention to your children, what are you doing instead?

**Online Behaviors/Family Technology Use**

1. Are you friends with your children on social media sites?
	1. IF NO: Why aren’t you friends with them?
	2. IF YES: When did you become friends with them?

(If answer to Question 1 is no, skip to next section)

1. Do your children post on any of your social media profiles (e.g. Facebook)?
	1. How does that make you feel?
2. Do your children post about you on their own social media profiles?
	1. How does that make you feel?
3. Do you post on your children’s social media profiles?
	1. What is their reaction? How do you think that makes them feel?
4. Do you post about your children on your own social media profile?
	1. What is their reaction? How do you think that makes them feel?
5. How often do you look at the content on your children’s social media profiles?

**Anxiety**

1. How much time do you think your children spend on social media sites per week?
2. What kinds of things do you think they do online?
3. What do you worry about with respect to what your children do online?
4. Do you think you need to worry about what your children post online?
5. Do you ever talk to your children about the content they post online?
	1. Do you ever talk to your children about what they should or should not post?

**Close**

1. Is there anything else you think I might be interested in knowing about you or your family’s social media use?
2. Do you have any questions for me about this study?